



REWARDS FOR WELLNESS



Earn \$100 in Co-Share Credits!*

Obtain Your Annual Preventive Exam

Time of Offer ends on December 31, 2017



Take a step toward living a healthier life!

Routine health exams and early detection can help prevent serious illness. Even if you're in the best shape of your life, a serious condition with no apparent signs or symptoms may put your health at risk. Visit www.uhpreventivecare.com to find out which immunizations and screenings are recommended for you and your family.

Eligible Screenings Include:

- Annual physical exam
- Annual gynecological exam
- Cervical cancer screening (annual pap smear)
- Basic metabolic panel (blood tests)
- Colonoscopy
- Mammogram
- Prenatal obstetrical exam

If you have already had a preventive exam in calendar year 2017 that was processed through the UnitedHealthcare claims system, you have already completed this activity. If you have not already had a preventive exam this year, do so before **December 31, 2017** in order to earn the \$100 co-share credit incentive.

*All State of Rhode Island employees are eligible to participate in Rewards for Wellness programs and screenings, but only employees who are paying co-shares based on the Rhode Island State Employee Health Plan rates that are posted at www.employeebenefits.ri.gov are eligible to earn co-share credit incentives.